

Sponsored by



Organised by



# If you want to overcome...

- Loneliness
- Isolation
- Lack of confidence
- Lack of English language skills



BE A  
BEFRIENDEE

**Contact LINKnet Mentoring**

Email: [volunteer1@linknetmentoring.com](mailto:volunteer1@linknetmentoring.com)

Phone: 0131 261 4463

Company Number: 213148 | Scottish Charity Number: SC02944