

## BE AWARE OF **DENTAL MYTHS**



### **SUGAR-FREE SODAS ARE FINE FOR YOUR TEETH**

✓ Still your teeth are affected by the acid content in soda's drink.



### **BLEACHING IS BAD FOR YOUR TEETH**

✓ Dentists are using bio-compatible whitening materials which does not cause any harm for your teeth.



### **BRACES ARE ONLY FOR WHEN YOU'RE YOUNG**

✓ Straight teeth can still be achieved at any age, but based on the case.



### **PREGNANT MOTHERS SHOULD AVOID THE DENTIST**

✓ pregnant women should visit the dentist regularly, to avoid gum diseases which might be caused by hormonal changes during pregnancy.